



MOUNTAIN BACKPACKERS CLUB

Fixture List: July - Sept 2014

CHAIRMAN'S CHATTER

Greetings and welcome to edition 3 of the Mountain Backpackers Club Magazine and Fixtures List. There is something for everyone interested in getting outdoors in the drier winter weather.

The club's FACEBOOK page has been a great success, and if you don't already visit our page, all you have to do is 'LIKE' our page, and you'll get the latest news, updates and reminders delivered to your facebook newsfeed. There is also a TWITTER page that you can join.

The 2014 PHOTO COMPETITION is hotting up, closing date is the end of July 2014. Our judges, Maggie and Wendy from the Bluff Camera Club will once again present your entries at our Club Social evening on 25 September. This fascinating look at our members' travel photos through the eye of photographic judges is worth attending. The winners of 1st, 2nd and 3rd places will be announced, and the prizes issued on this evening. Please forward your entries to chairman@mountainbackpackers.co.za if you don't succeed uploading them on the website. (entries must be from MBC members, and can be of any category that is hiking-related e.g. fauna, flora, scenery, weather, etc.)

See you OUT THERE...

Karen Miller

Chairman: The Mountain Backpackers Club

MOUNTAIN BACKPACKERS CLUB COMMITTEE

Chairman	Karen Miller	082 7423266
Vice Chairman	John McGovern	082 6595111
Treasurer	Bobby Stanton	031 4655535
Fixture List / Magazine	Alan Etchells	082 3984103
Secretary	vacant	
Marketing	Heidi Cox	082 7064283
Committee member	Chris Cox	
Socials	vacant	

Fax: 086 504 3382

Postal Address: P O Box 37702, OVERPORT, 4067

Website: www.mountainbackpackers.co.za

Email: info@mountainbackpackers.co.za

NOTE: In October/November 2014, at the AGM, we will be looking to elect new faces and new inputs into the running of the MBC matters. We need more hands on deck. Too much responsibility has now fallen onto too few, which is an unsustainable situation. Please consider helping out. The committee is fun, and will make you a good group of friends.

If interested, please contact Karen

THE CHAIRMAN AND COMMITTEE WOULD LIKE TO WELCOME THE FOLLOWING MEMBERS TO THE CLUB

Kurt Bacher
David Brown
Tracy Steart
Jennie Bustin
Johan van Rens

THE GRADING OF HIKES

1. Very easy trip
2. Easy trip
3. Moderate trip - physical fitness advisable
4. Strenuous trip - **physical fitness essential**
5. **Very strenuous** trip requiring a high degree of fitness

Please take particular note of **distance and height** as well as the **grading of the backpacking trip** you intend doing and ensure that your level of fitness is adequate.

FIXTURE LIST – 3rd QUARTER

July 2014

Date	Description	Distance / Height	Leader	Contact	Grade
Sat 12 th July	African Fish Eagle Trail , lots of birdlife, walk through Beachwood Mangroves and along North bank of Umgeni river, meet at Green Hub Durban 08h00 leave 08h15 Rain stops Play. Bring cash for tea at Springfield SPCA 1/2 way.	13km	Heidi Cox	Cell: 0827064283 / email: heidi.dinan@gmail.com	2
13 th July	KARKLOOF - Day hike through Everdon Estates led by the man who knows the area better than anybody - previously this hike has proved to be very popular & has some of the most spectacular views in the area including Umgeni & Karkloof rivers - Cecil Hackney will lead the hike but please contact Keith - don't miss this one. R10 Donation	12 – 15km	Keith Ashton	Tel/Fax: 033-2395023 Email : keimarg@iuncapped.co.za	2+
Sat 19 th July	Kloof Gorge Day Hike. Leaving at 8.30am from the picnic site carpark. Small entrance fee. Bring sun protection, hat, water, snacks and a rain jacket. Moderate fitness required. Confirm with John beforehand.	4 – 5 hrs	John McGovern	John 082 6595111	2
26 - 27 th July	GARDEN CASTLE: Tsepeng Pass to Mzimude Pass. Head for heights essential.	27 km 1230m	David Gay	Phone: 031-7640298 (18h00 - 20h00 Mon-Thurs only) cougar1@telkomsa.net	4,5
27 th July	UMGENI VALLEY NATURE RESERVE - near Howick - Lovely local day hike in a beautiful area - great views & chance to see plenty of game & bird life. Several trail variations. Great winter venue. R25 entrance fee.	12 – 15 km	Keith Ashton	Tel/Fax: 033-2395023 Email : keimarg@iuncapped.co.za	2

August 2014

Date	Description	Distance / Height	Leader	Contact	Grade
2 nd Aug	KAMBERG RESERVE: Saturday DAY HIKE to Rock Art Sites. View seldom seen Bushman Rock Art in a very Scenic Area. Leader will be overnighing at Mountain Shadows Guest Farm. Meet at Kamberg Ezemvelo Parks Board office at 08h00. This hike is a combined hike with Ramblers, Mountain Backpackers & Midlands Hiking Clubs.	12kms	David Tighe	Phone 076 028 0708 or 031 464 9247	2
9 – 10 th Aug	INJASUTI: Ntabamnyama campsite via Dead Dog Cave, returning via the old Injasuti outpost. See dinosaur footprints and visit the Cow Den rock art site.	34km 620m	David Gay	Phone: 031-7640298 (18h00 - 20h00 Mon-Thurs only) cougar1@telkomsa.net	3,5

16 th Aug	Kloof Gorge Day Hike. - Leaving at 8.30am from the picnic site carpark. Small entrance fee. Bring sun protection, hat, water, snacks and a rain jacket. Moderate fitness required. Confirm with John beforehand.	4 – 5 hrs	John McGovern	John 082 6595111	2
16-17 th August	LOWER INJASUTI CAVE. Ideal hike for first time backpackers. Please book before 11/8/2014.	16km 300m	Farouk Omarjee	031-577 6336 083 419 0196 farouko@telkomsa.net	3
15 -17 th Aug	MHLOPENI NATURE RESERVE: SA Natural Heritage Site, Muden area, self catering camp (R150 pp) and own tent (R80pp) accommodation available, can be chilly overnight. Guided hikes Saturday and Sunday beautiful bushveld, game and prolific birdlife. Pre-booking and payment essential: joy@mhlopeni.co.za . Contact Heidi for more info.		Heidi Cox	Cell: 0827064283 / email: heidi.dinan@gmail.com	2

September 2014

Date	Description	Distance Height	Leader	Contact	Grade
6 -7 th Sept	TENTING TRIP TO HIDDEN VALLEY: Route to Hidden Valley via the Giants Cup Trail. Lovely pool next to the camp area. Bring a costume if you can handle the cold water. Please book before 1/9/2014.	16km 100m	Farouk Omarjee	031-577 6336 083 419 0196 farouko@telkomsa.net	3
20 th Sept	Kloof Gorge Day Hike. - Leaving at 8.30 am from the picnic site carpark. Small entrance fee. Bring sun protection, hat, water, snacks and a rain jacket. Moderate fitness required. Confirm with John beforehand.	4 – 5 hrs	John McGovern	John 082 6595111	2
Sat 20 th Sept	International Coastal Clean-up. Please participate in this international event that helps monitor and document waste items that are washed up on coastlines worldwide, affecting and harming our oceans and marine life. Full details will be available closer to the time when we get our allocated stretch of beach from KZN Wildlife.	3km	Heidi Cox	Cell: 0827064283 / email: heidi.dinan@gmail.com	2
27-28 th Sept	GARDEN CASTLE: Bushman's Nek Hut via the Giant's Cup Trail.	28km 350m	David Gay	Phone: 031-7640298 (18h00 - 20h00 Mon-Thurs only) cougar1@telkomsa.net	3,5

Advance Notices

Date	Event	Contact Person(s)	Contact Details
31 st Dec – 1 st Jan	HIGHMOOR - Your chance to celebrate New Year's Eve (& N.Y. Day) in Aasvoelkrans Cave with Keith & Margaret for their 10th time at New Year - Short backpacking hike to the cave, then explorations of the area from the cave - lovely waterfall & pool - bring swimming gear & all your goodies to celebrate in style.	Keith Ashton	Tel/Fax: 033-2395023 Email : keimarg@iuncapped.co.za

Note: It is the prerogative of a hike leader to accept or reject members or other applicants from participating in his or her hike, after questioning the applicant on their fitness and experience. It is a privilege not a right to participate in a hike.

Day hikers are requested to phone the leader beforehand to confirm their attendance and that the hike is still on schedule.

Non Hiking Events

Date	Event	Contact Person(s)	Contact Details
26 – 27 th July	Ufudu Outdoor Adventure Fair , 43 Kloof Falls Road, Kloof 10am-4pm. Bring your friends to visit us and many other outdoor interest stalls and activities.	Heidi Cox	Cell: 0827064283 / email: heidi.dinan@gmail.com
Sat 2 nd Aug	Roseway Waldorf school Moonlight Market 15h00 - 21h00, Roseway Waldorf School, Alvestone Heidi 0827064283	Heidi Cox	Cell: 0827064283 / email: heidi.dinan@gmail.com
24 th Aug	Spar Ladies' 10km race Kingsmead, Durban. Register at www.sparwomensrace.co.za for the Durban event and call / email Heidi 0827064283 / heidi.dinan@gmail.com by 18 August if you are keen to get together for a coffee afterwards.	Heidi Cox	Cell: 0827064283 / email: heidi.dinan@gmail.com

ENON FOREST HIKE – 8 JUNE 2014

By Chris Coyne

A combination of 16 enthusiastic hikers from Durban Ramblers, Midlands, and Mountain Backpackers Clubs met hike leader David Tighe on a crisp winter's morning in Richmond. From there we made our way to the picturesque Enon Cottage Dam where we parked our vehicles.

We set out in cool weather conditions down a lovely avenue of Plane Trees, crossed over a tiny stream, which is the source of the Illovo River. The route then picks up one of the main plantation roads which services the numerous contour roads that lead off it. The steady uphill climb through the plantation was made a lot more comfortable owing to the perfect hiking weather; the sort of temperature where you can walk comfortably without sweating too much.

After about three Km of steady climbing the road levelled out, we then left the main dirt road, and headed up a fire break, still climbing, until we emerged onto grassland with our objective 'The Peak' in sight. Here we had sweeping views across the Byrne Valley and beyond.



David now gave us a choice: A short, steep climb straight up to the highest point or an easier longer route on a contour cattle track. Only three people chose the easy route....I suspect, after a while, that a few others probably wished they had chosen the easy route. The steep route didn't really follow a path, so most of it was through longish grass. It now became clear who the regulars, part-timers, and beginners were! (I am a part-timer!) Eventually all the 'steep' group arrived at the highest point of the hike named The Peak at 1490m above sea level,



for a welcome tea break.

Stunning 360 degree views greeted us. No snow though – apparently it had been reasonably thick here two days ago. Bulwer Mountain, Giants Cup, and the Devils Knuckles were all visible.

After the break we made our way along the top of the ridge to the very interesting Museum at Minerva Heights, which has been created by the farm owner Malcolm Anderson. It is a fascinating collection of machines, vehicles as well as a vast collection of many old and unusual memorabilia.



We joined David and the others for lunch on the lawn overlooking the mirror-like dam. Even though I have cycled and hiked in this area before, I had forgotten what a peaceful, soul-restoring place it is.

Our return took us along The Forest Cliff Ruins route through The Enon forest with its wealth of trees including the three Yellow-woods; Cape Chestnuts, giant Strangler figs, Sneezewood, Knobwood, and many others.

These together with the beautiful flowers to be found in the forest such as Streptocarpus and Begonia, Mosses, lichens and ferns completed the scene. Some of the older hollowed out tree stumps created an almost 'Lord of the Rings' atmosphere. This pleasantly cool seldom used downhill route took us a good two hours to walk through and back to the plantation again.



We arrived back at the cottage dam a little weary, but full of endorphins. The going had been slow on the way down due to the indistinct path and because of periodic cable tie repairs to one of the hiker's boots. Thanks to Neville for the repair work.

David and Philip led a wonderful hike in a very special area! The feedback received from the group was very positive and all enjoyed the day out. Neville, Max, Tony, Anna, Mike, Chris, Rosanne, Milan, Jean, Mike, Cornel, Moira, Ismail, Sandy, Shirley, and Mike Meyer,

THE SALT OF THE EARTH

Anatomy of a Mountain Heart Attack Giants Castle, Central Drakensberg

By Dave Sclanders

18 - 20 April 2014



We had experienced 2 great days of hiking over the 18 – 19 April, and were going to head home on the 20th. We had done a “high view recce” of our planned route home for the next day, but decided not to go down to the river, and then later to climb high again back to a path I knew, but to stay hi-high and follow any eland track that might be going our way, then follow our own instincts onwards. We were in “no man’s land”, exploring the un-know valleys of Giant’s Castle.

Sunday 20th May broke bright and clear, we packed out hiking kit and by 08h00 were on the way home.



The beauty, the vastness and the isolation of the valleys was awesome.

There was plenty of water, waterfalls and incredible scenery.

We dropped steeply to the valley floor, crossed a lively stream at an Eland crossing point, picked up an old Eland path, and set off on a great day’s exploration of a brand new area.

All went well until 11h15, when suddenly I felt very weak and vomitty, and had to rest. We put it down to possibly some supper that may have been a bit off, and thought the weakness would pass. After a short rest, the vomiting increased, and I lost a lot of liquid – so now started to worry about dehydration as well.

11h30 – *in the middle of Nowhere and without warning*, I collapsed in a heap on the grass, as if shot, I had an icy feeling around my neck and shoulders, and absolutely no energy at all, yet still wanting to vomit. After a short rest, I staggered to my feet, feeling absolutely dreadful. My hiking sticks felt like two lead weights in my hands and I really contemplated throwing them away. The nightmare hike carried on, with me staggering some 200- 400 meters, and falling in a heap to the ground. Lying down, face in the grass gasping for breath and energy. Fortunately the Eland path was there, on a very flat contour, running around a steep hill to our right, but in the right direction. Dehydration was now the main fear. I could keep nothing down, and it was hot.

Eventually I could no longer carry my pack, there was no strength to even lift myself off the ground to try and walk. My companions took it in turn to carry my bag forward, and one would stay with me. Any slight climb was a nightmare, short walk, then collapse, rest get up, short walk and collapse.

Then, Warwick twisted his ankle while carrying my bag and his. So it was now up to Dave to carry both bags. He went ahead as best he could, and Warwick stayed with me. All I remember was walking in a haze of dizziness and extreme tiredness, stomach rumbling and totally dehydrated. As soon as I took a sip of water, I would throw up. I was now collapsing more often, and I remember as I lay on the ground each time, saying to myself, "this cannot go on", but knowing I had to, I would open my eyes, and saw Warwick standing between me and the sun to offer some protection from the sun.

We eventually reached the path from Giants camp that leads day walkers to Worlds View, at least now we were in a hiking area, and someone should come pass. I remember lying collapsed in the path, hikers came past, walked around me, and carried on. I staggered on to reach where Dave was resting to tell him to carry on to the car with both packs, then come back to help. Just as I got near to him, I collapsed again, and just lay in the path, oblivious to anything, just wanting to lie forever. I had no strength, no energy and really not caring about anything. A small voice in my mind kept saying, get up, get to the car, you cannot lie here, time is getting on, you cannot let Dave and Warwick down"

Then the angel of mercy came to our aid, a group of hikers came past, saw the situation, and one lady offered to carry my bag to the car. So she and Dave took off to the car, with instructions to pack the bags into the car, and for Dave to come back down to the Bushman's river bridge. What a help that was for me as I knew it would take a strain off Dave, and I could expect a helping hand for the steep climb from the river to the car.

Warwick and I eventually made the bridge and Dave was there, waiting. If ever there was a mountain to climb – bigger than Everest bigger than anything, this was the climb that I had dreaded from way back. To say it was difficult would be to tell a lie. I would walk a bit, and then collapse in a heap of total exhaustion. Lie there and not know how I would do the next 50 meters push myself to my feet, and try a few more steps. As always, as I lay on the ground, Warwick's shadow was there, protecting me from the sun.

The last steep steps were too much. Dave and Warwick picked me up and tried to carry me up the last 50 meters. Collapse, again was the name of the game. Dave had brought the car to the very top of the path, and I eventually staggered into the back seat, and collapsed. The hike was over. It had taken us from 11h30 to 15h30 to do 7 km's.

Back at home, Warwick and Dave, unpacked my kit, and they left for home. I showered, and feeling absolutely dreadful, phone my neighbor Keith and asked him to take me to the hospital. I booked in as an emergency case of food poisoning and dehydration. The usual blood pressure, etc, was taken and the necessary drips and drugs were administered. On Monday 21st April, all seemed well, and I could go home, however, I still felt terrible. More ECG's and blood pressure tests followed as well as heart scans and more blood taken. On Tuesday 22nd I was told all was fine, and I could go. On trying to get dressed, I was disorientated and felt I could not go. More blood tests taken and a wider network looked at, and on Wednesday 23rd in the morning the Doctor said that one of the markers for a heart condition indicated a bad heart infection. I was taken to St Anne's hospital, where late on Wednesday evening and Angiogram was performed, and this showed a number of blocked arteries in the heart, and a Triple Bypass Heart operation

From being a non- smoker, cholesterol reading of 4, heart rate of below 50, and fairly fit, this came as a bit of a shock. However, family history does show a inherent heart problem.

Due to circumstance, I could only have the triple bypass operation on the 8th May, during the night the heart started doing its own thing, and on the evening of the 9th May a Heart Pacemaker had to be put in to control the heart rate.

Fortunately, due to being reasonably fit at my age, and being determined to get better fast, I have healed well. On Sunday the 8th of June I walked 11.2 kilometers.

A lesson for others, and something that helped delay my diagnosis was the constant question that I was asked by all the doctors – was "did I have any pain when I collapsed. The answer was always no, it was only some days later that I heard someone in the ward talking about heart attacks, and that pain in the chest and arms is not the only

indication of an attack. My attack started with an intense cold feeling around my neck – like one had suddenly had wrapped an ice block around my neck, and my shoulders had severe pain and no strength for a long time. When discussing this with the surgeon, he said, there are many symptoms that can indicate a heart attack, but pain in the chest and arms is the more usual one.

THE SALT OF THE EARTH

To **Dave** and **Warwick**, for all you did for me on 20th April, I will never forget. Your patience and understanding and help over those hours (when we thought I was suffering from food poisoning and dehydration) just show what wonderful people you are. I wonder how we would all have reacted had we known at 11h30 on that fateful morning, that it was a heart attack ??????????

To **Claire**, the great Samaritan of the berg, who offered to carry a total stranger's backpack to the cars, some kilometers away, when we were in serious trouble. She also, has been in contact with me to see how things have progress. You are a very special person indeed.

As already discussed, Dave, Warwick and I look very much forward to hiking with you in the berg in the not so distant future.

To my friends at home who have fetched and carried me to hospital on several occasions, who have taken me back for check-ups, and shopping. To my hiking friends who came to visit in hospital and to hold me in their thoughts and prayers. To my family who came from London and afar to be at my bedside, how can I thank you all.

What I do know is that I have been given another life, another chance, and it is up to me to use it wisely and well. My aim is to be back in the berg by the end of winter



Mountain Backpacker Club Shirts



The Club is offering the opportunity to purchase very practical Mountain Backpacker Club shirts that are affordable and great for hiking.

The short-sleeved shirts will be made from quick-drying 100% polyester lightweight Qantec fabric, no more soggy shirts on your back, and quick to rinse through and dry overnight. While the men's shirts are straight-cut, the ladies' shirts are shaped to a more flattering fit, both have front chest pockets with Velcro flaps for handy storage of small items.

We need to put the order in for all the shirts required at the same time for the shirts, as they are made in batches. We intend to do this in the new year and the shirts will be available +- 4 weeks after the order has been placed.

The shirts will be available at R160 each, please send orders to chairman@mountainbackpackers.co.za and ensure that payment is made at the time of order.

Banking details are as follows:

FNB – Westville Acc. name: MOUNTAIN BACKPACKERS CLUB
Acc. no: 50780007264 branch code: 223526

Please use following format for the banking reference: name, sex, size. e.g. Smith M Large

HambaNathi - Walk with us" Guided Wild Coast Hikes

HambaNathi offers guided hikes along the Wild coast, South Africa's most beautiful, wildest and most exciting stretch of coast. Camp on unspoilt beaches, swim in magical rock pools, see an abundance of marine and coastal life. All hikes are fully catered. Transport and last night's accommodation in Mbotyi are arranged. Visit our Website at <http://www.wildcoasthikes.co.za> or phone 031 202 9994.

Southern Secrets Hiking and Backpacking

Discover some of the exquisite secrets of the Drakensberg Mountains and Lesotho, including visits to rock art sites, with a fully qualified and registered Mountain Guide (KZN0904) and Nature Guide (KZN1025). Single or multi-day trips. Contact Philip or Christeen Grant 033 9971817 cell 0824179163/2 email pgrant@yebo.co.za or visit www.southernsecrets.co.za

Berg Free Adventures

David Sclanders runs single and multi day guided trips into the Berg, visiting rock-art sites, sleeping in tents, caves and mountain huts. He is a member of the South African Mountain Guide Association registered as a guide with the Department of Tourism, Registration Number KZN0050. He can be contacted on telephone or fax **033 239 5013**, Cell **082 443 4287** or visit www.bergfree.co.za.

Discounts for Members

MBC members are offered discounted rates at the following three outdoor gear outlets:

Tripper Sports:

15% discount to MBC members

Goods must be purchased either online (ex Tripper website) or from the Tripper shop at the factory (Da Vinci building near Tollgate Bridge Durban) – details below. Membership card and ID must be produced

Address: 23B Calder Road, Mayville, Durban. Phone 0312093649 Website:
www.trippersports.com

The Kingfisher, Durban

Up to 10% discount can be offered to our members based on the following criteria:

- The discount will be dependent on whether it is a full price or already discounted item
- The MBC member must present their membership card and ID document (with photo)
- The purchase is made in store OR online. Contact Gany to agree on the discount that will apply.
-

Note: EFT is required for the purchase to be valid and any delivery charges due will still apply over and above the price of the goods.

Contact details: Gany Phone: 0313683903 Address: 53 Hunter Street, Durban

Flamingo Sales (Columbia gear)

A selection of items has been made available which qualify for a 20% discount to MBC members provided a minimum of 10 items are purchased at once, viable if setting up for an expedition or a group of people purchase at the same time. Further information can be obtained from Conrad Buchner (Flamingo) or Heidi Cox (MBC).

The purchase must be made via Conrad Buchner at Flamingo Sales. If you need to try on an item or want to see a physical sample, the Columbia Store at Gateway is likely to have it, however the discount does not apply from the Gateway shop.

Contact details:

Conrad Buchner - conrad@flamingosales.co.za Phone 0315395401

Photo Competition 2014

Your entry pictures may be of any hiking related subject - flora, fauna, scenery, action shots etc. The entries can be viewed in the Photo Gallery, and will be judged in September..

Prizes: 1st place: Coffee table size book

2nd place: R 200 cash/voucher

3rd place: R100 cash/voucher

We look forward to having you participate in this annual event. To upload your pics please login in and click on "Submit a photo" on the right hand side of the screen.

If you have difficulty uploading or have forgotten your login, please email your photo to info@mountainbackpackers.co.za. Closing date is 31 July 2014.

SOCIAL CALENDAR – PLEASE NOTE THE VENUE

Directions to Sherwood Bowling Club - 860 Jan Smuts Highway

From Durban - Take N3 out towards PMB, after Tollgate take the Sherwood off-ramp and turn right under the freeway in to Jan Smuts Highway, up the hill, past Jungle Nursery on the right, turn right under the pedestrian bridge into Tropical Nursery parking, follow the road past trees to the back of the nursery.

From Westville - take the M13 towards Durban, past Westwood Shopping centre, through 45th Cutting traffic lights, down Jan Smuts Highway, turn left under the pedestrian bridge (in front of Naked Ladies) in to Tropical Nursery parking, follow the road past trees to the back of nursery.

From PMB, from Hillcrest take the N3 past the Pavilion and four-level interchange, take the Sherwood glide-off, keep left in to Jan Smuts Highway, past Jungle Nursery on right, turn right under pedestrian bridge in to the parking of Tropical Nursery, follow road to the back of Tropical Nursery.

<u>SOCIAL CALENDAR</u>	
MBC Socials normally take place every 2nd and 4th Thursday of the month at the Sherwood Bowling Club, 7:00 for 7:30pm	
DATE	DESCRIPTION
10 th July	Open mike night – share your hiking photos with everyone
24 th July	What-What Tour 2014 - Johan van Rens give a presentation on the recent Club hike down the Fish River Canyon from Hobas to Ai-Ais, as well as a 4 day canoeing trip on the Orange River.
14 th Aug	Antarctic Excursion - Judy Mann will talk about her recent voyage to Antarctica - penguins, seals and so much more.
28 th Aug	Climbing the Ruwenzoris -Gavin Raubenheimer reached the summit of Mt Marguerita, the highest point in the snow & ice clad Ruwenzoris, which lie close to the equator in Uganda.
11 th Sept	Grand Traverse 2014 - Grant Wilkinson will give a presentation on the Clubs 2014 GT, Southern Africa's longest, most grueling and spectacular mountain hike.
25 th Sept	Photo Competition judging by the Bluff Camera Club